

Know Before You Go



APPOINTMENT DATE: _____ TIME: _____

Please arrive 30 minutes early!

FIRST THINGS FIRST:

- The Angelo MRI System is open, large and comfortable for most patients, however, if you are concerned about claustrophobia, your physician may prescribe a sedative for you to take prior to your MRI scan. Follow the instructions provided on the bottle.

TO PREPARE FOR YOUR MRI SCAN:

- Go to www.angelomri.com and download the patient forms, or complete them when you arrive at Angelo MRI.

BEFORE YOU LEAVE HOME:

- If your doctor has prescribed a sedative, someone must accompany you to Angelo MRI and drive you home.
- Leave your valuables at home, including jewelry as it must be removed prior to entering the MRI room.
- If you need language translation, please bring someone with you who will translate for you.
- If you have downloaded and completed patient forms, be sure to take them to the appointment.
- Have identification and implant cards (if applicable) for reference, as well as your form of payment. Angelo MRI will accept cash, a personal check, Visa, MasterCard, American Express, Discover, Apple Pay, and Android Pay. Insurance will be accepted soon after Angelo MRI opens.
- Unless otherwise instructed, take your daily medications as you normally would, and maintain your normal activities and diet. Exception: For an abdominal MRI only, do not eat or drink anything for six to eight hours prior to your scan.

EARLY ARRIVAL AT ANGELO MRI:

- Please arrive at least 30 minutes prior to your scan and check in with the receptionist.

AT ANGELO MRI:

- From the time you arrive until the time you leave Angelo MRI, your privacy will be protected.
- Register and give completed patient forms to the receptionist.
- You may be asked to change into a gown, though that is not always necessary. A locker will be supplied to secure your belongings.
- You will be asked to remove anything with metal, including but not limited to jewelry, hair ornaments, wigs, dentures, hearing aids, and underwire bras. Also, you will be asked to remove medical pumps, medicine patches, and pain stimulators. Please do not apply glitter body lotion the day of the scan.
- The Technologist will review your paperwork, verify your identification and requested exam, explain the process to you, and answer your questions.
- If a contrast agent is required, it will be administered intravenously.

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DURING THE MRI SCAN:

- The duration of the procedure will vary but the average is 40 minutes to one hour per body part. Contrast scans may take slightly longer.
- You will be required to lie still during the actual MR scanning. Depending on the body part being examined, you may be instructed to hold your breath for up to 20 seconds.
- The MRI System is open on both ends. It is well lit and there is a fan for your comfort. There is also a two-way intercom system for communication between you and the Technologist.
- During the actual imaging, you will hear intermittent sounds. You'll be provided with earplugs or head phones to minimize it. If you want to listen to music through the headphones, the Technologist will arrange that for you.
- You will be provided a button to alert the Technologist of any discomfort at any point during the scan.

AFTER THE MRI SCAN:

- If a contrast injection is used, the IV is removed immediately after the scan.
- Allergic reaction to the contrast agent is extremely rare. However, if you experience any unusual symptoms, you should notify the Technologist immediately. Call your doctor or go to the nearest hospital if you have already left the imaging facility.
- If sedation has been used, you will be sent home only when awake and alert. If you receive sedation, someone must drive you home to ensure your safety.

PREPARING CHILDREN FOR AN MRI:

MRI examinations require that the patient hold still for long periods of time. We invite our younger patients to watch this video to get ready for their MRI: <https://www.youtube.com/watch?v=ox91I2L2a1g&feature=youtu.be>

